



# LIJIYA SAJI

DHA LICENSED REGISTERED NURSE

## EXPERIENCE

**REGISTERED NURSE** | Aug 2022 to Still Working

**MEDICURE POLYCLINIC | DUBAI, UNITED ARAB EMIRATES**

**Department : Medical & Surgical, Pediatric, Gynecology Out Patient Department**

- Conduct thorough assessments of patients in the Medical & Surgical, Pediatric, and Gynecology Outpatient Department.
- Monitor and record vital signs, administer medications, and assist in diagnostic procedures.
- Provide comprehensive education to patients and their families regarding their medical conditions, treatment plans, and preventive care measures.
- Collaborate with physicians, specialists, and other healthcare professionals to ensure coordinated and effective patient care.
- Maintain clear and open communication with the healthcare team, patients, and their families.
- Accurately document patient assessments, interventions, and outcomes in electronic health records.
- Ensure compliance with all regulatory and organizational documentation requirements.
- Adhere to strict infection control protocols to maintain a safe and hygienic environment for patients and healthcare providers.
- Participate in quality improvement initiatives to enhance patient care outcomes and departmental efficiency.

**ICU REGISTERED NURSE** | Feb 2020 to Mar 2022

**BHATIA HOSPITAL**

**Department : Medical & Surgical ICU**

- Manage patient with ventilators, handle the emergency drugs and emergency situations.
- Assisted the procedures intubation, tracheotomy and central line.
- Conduct comprehensive assessments of critically ill patients in the Medical & Surgical ICU.
- Monitor and interpret vital signs, administer medications, and implement advanced life support measures as needed.
- Develop and implement individualized care plans based on ongoing assessments and critical care protocols.

## EDUCATION

**BSC NURSING** | 09/2015 - 12/2019

LAXMI MEMORAL COLLEGE OF BSC NURSING | Rajiv Gandhi University

**PLUS TWO** | 2013 - 2015

GHSS, Thumpamon North Kerala Higher Secondary School.

**SSLC** | 2012 - 2013

GHSS, Thumpamon North Kerala Higher Secondary School.

## SKILLS & EXPERTISE

Nursing Diagnosis	<div style="width: 80%;"></div>	Medication Administration	<div style="width: 90%;"></div>
ICU Care	<div style="width: 70%;"></div>	Ventilator management	<div style="width: 85%;"></div>
Medical & Surgical	<div style="width: 60%;"></div>	Patient safety/Assessment	<div style="width: 95%;"></div>
Pain Management	<div style="width: 50%;"></div>	Patient/family education	<div style="width: 80%;"></div>
Record Keeping	<div style="width: 75%;"></div>	Pediatric & Gynecology	<div style="width: 90%;"></div>
Medical Teamwork	<div style="width: 85%;"></div>	Communication Skills	<div style="width: 95%;"></div>

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SARA BUILDING BLOCK 2, Room NO: ST6, Maleha st Industrial area. Muwaileh, Sharjah UAE

## ABOUT ME

Dedicated and compassionate registered nurse with 3+ years of experience in both Medical & Surgical, Pediatric, Gynecology Outpatient Department, and Intensive Care Unit (ICU) settings. Proficient in utilizing electronic health records and adhering to stringent infection control protocols. Adept at conducting rapid patient assessments, implementing emergency medical procedures, and collaborating seamlessly within multidisciplinary teams. Possesses strong knowledge of advanced life support measures and implementing advanced nursing interventions to optimize patient outcomes. Exceptional communication and interpersonal skills ensure effective patient advocacy and support. Adept at working as a collaborative team member to ensure that patients receive the highest level of care possible. I aim to leverage my experience and knowledge to effectively fill the Registered Nurse position at your institution the growth of organization and grow with it.

## CERTIFICATIONS

- ❖ ACLS
- ❖ BLS

## LICENSE & REGISTRATIONS

- ❖ DHA - LICENCE IN DUBAI ARAB EMIRATES  
DHA ID No : 18448920-001
- ❖ KARNATAKA STATE NURSING COUNCIL  
Reg. No : 1900919

## LANGUAGE KNOWN

- English
- Hindi
- Malayalam
- Kannada
- Tamil

## PERSONAL DETAILS

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Date of Birth : 26/11/1997  
Nationality : Indian  
Gender : Female  
Marital Status : Married  
Passport No : T0896013  
Date of Issue : 21/11/2019  
Date of Expiry : 20/11/2029

## REFERENCE

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- ❖ **JERRY VARGHESE**  
ICU Incharge  
Bhatia Hospital, Mumbai  
Ph : +917506607992  
Email ID : icu@bhatiahospital.org
- ❖ **ABDUL NASAR**  
Clinic Manager  
Medicure polyclinic dso  
Ph : +971 55 800 9503  
Email ID : abdul.nasar@medicuregroup.com

## INTERESTS

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Music



Travelling



Cooking



Movies

## PROCEDURES ASSISTED

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- ❖ Urinary Catheratization
- ❖ ABG & EGG
- ❖ Assist in intubations and extubation
- ❖ Assist in Abdominal tapping & Plural tapping
- ❖ Cardiopulmonary resuscitation
- ❖ Administration of blood transfusion
- ❖ Assist in Suture removal & CVP Insertion
- ❖ Assist in temporary pacemaker insertion
- ❖ Defibrillator
- ❖ Assist in tracheotomy insertion
- ❖ Setting up a new ventilator circuit

## INSTRUMENT HANDLED

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- ❖ Cardiac Monitor
- ❖ Infusion Pump
- ❖ ECG machine
- ❖ Bipap Machine
- ❖ Ventilator
- ❖ CVP Manometer
- ❖ Oxygen Cylinder
- ❖ Emergency Trolley

## DECLARATION

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I hereby declare that the above particulars of facts and information stated are true, correct and complete to the best of my belief and knowledge.

**LJIYA SAJI**