

Lismy James

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Visa Status: Family Visa



OBJECTIVE

To seek a suitable career within a growth orientated organization in the field of Orthopedic surgeries & General surgeries that appreciate hard work and give me an opportunity to perform to the best of my abilities.

EDUCATION

- 1. High School Studies:** SSLC from St.Mary's C.G.H.S, Ollur,Thrissur,Kerala (Department of General Education Kerala) March 2009
- 2. Higher Secondary Studies:** Holy angel's H.S.S. Ollur, Thrissur, Kerala, (Pre-Degree Education, Kerala) March 2011
- 3. Professional Qualification:** BSc Nursing Degree from Karuna College of Nursing,Vilayodi,chittur,Palakkad.(Kerala University of Health Science) September 2015

PROFESSIONAL EXPERIENCE

After completion of BSc nursing I am working as a staff nurse at Karuna medical college hospital, vilayodi, Chittur ,Palakkad from 26/2/2016 to 31/3/2018.(2 years)

EMPLOYER AND SERVICE PROFILE

HOSPITAL NAME : Karuna medical college hospital, Chittur, Palakkad

LOCATION : Palakkad, Kerala, India.

POSITION HELD : Staff Nurse

HOSPITAL HELD : 500 bedded Medical college hospital

TYPES OF WARD : Medicine ward ,Surgical ward, Orthopedic ward, Pediatric ICU,
Pediatric ward, Causality and emergency unit, Labor room,
Gynecology ward, Psychiatry ward, Operation theater
Complexes

NUMBER OF PATIENT RATIO : 20-30beds (ward)

PROFESSIONAL MEMBERSHIP RECOGNIZED BY INDIAN NURSING COUNCIL:

Kerala Nurses And Midwives Council

JOB DESCRIPTION:

Assisted cases like....

{A} ORTHOPAEDIC SURGERIES:

- Interlocking Nailing of Femur, Tibia & Humerus
- Open reduction And Internal Fixation of Both Bones, Tibia and Fibula, Radius and Ulna and Malleolar Bones
- Hemiarthroplasty, Dynamic Hip Screw, Compression Hip Screw, Tension Band Wiring, K wire fixation, closed manipulation reduction.
- External Fixation
- Tendon Repair, wound exploration, wound debridement, suturing
- Total Hip Replacement, Total Knee Replacement
- Laminectomy with spinal fusion
- Bone Grafting
- Arthroscopic surgeries

{B} GENERAL SURGERIES:

- Laparoscopic appendicectomy
- Laparoscopic cholecystectomy
- Gastro-jejunostomy
- Laparotomy
- Thyroidectomy
- Mastectomy
- Hernioplasty
- Eversion of sac
- Parotidectomy
- Appendicectomy

C. UROLOGY SURGERIES:

- URS and stenting
- Nephrectomy
- PCNL
- Buccal mucosal graft urethroplasty
- Open lithotomy
- Bladder Resection and ileal conduit
- Cystoscopy

D. ENT SURGERIES

- Cortical mastoidectomy+ tympanoplasty
- FESS
- DNS correction
- Tracheotomy
- Tonsillectomy

E . OBSTETERIC & GYNAECOLOGY SURGERIES

- LSCS
- TAH
- VH
- Ovarian cystectomy
- PPS
- D & C
- F & C
- Polypectomy

SPECIAL PROCEDURES DONE/ASSISTED:

- Conducting ECG
- Ryle's tube insertion
- Endo tracheal Tube Insertion
- Wound Dressing
- Venipuncture
- Blood Transfusion
- Urinary Catheter Insertion
- Suctioning
- Traction
- Nebulization
- Administration of Medicine & Injection
- Plastering

RESPONSIBILITIES:

- Coordinating of nursing activities
- Transfer of patient from one department to another
- Assign duty for class IV workers
- Maintaining good IPR with patients and their relatives and subordinates.
- Promote and contribute to the health, hygiene, safety and security of individuals in the ward.
- Assist patients who need help with dressing, undressing, bathing, toileting, care of hair, mouth, teeth and dentures.
- Help in promotion of mental and physical activity of patient by involving them in activities such as reading and writing and other hobbies.
- Receiving patients in the Operation room.

- Collective of date and checking whether all necessary investigation reports are available readily.
- Insuring patient's consent for a respective surgery and the anesthesia. Checking for NBM status and if pre-medication is given or not.
- Setting up trolley with all the required instrument and articles.

OPERATION ROOM RESPONSIBILITIES:

- Calling and receiving the patient in the operation theater according to the booked time.
- Checking of patient's identity, consent forms, pre-operative medication reports of investigation.
- Ensuring that no metal items, ornaments, dentures are present with the patient in the operation room.
- ICU bed required to be confirmed prior to the surgery, Psychological support to the PT.
- Maintain high standard of asepsis.
- Ensure specific and adequate precaution are taken in infection case i.e. fumigation of theater after the case.
- To prepare the instruments and special packs for autoclaving.
- To report to clinical Nurse Manager any factors which could be detrimental to the patient's care.
- Anticipation of required things before surgery.

INTRA OPERATIVE

- Proper scrubbing up for the respective case.
- Proper gloving and gowning techniques.
- Laying art of instruments on the trolley as required.
- Proper judgment and anticipation regarding the next step requirements of the surgeries.
- Ensure that patient specimens are accurately labeled and send for examination without delay.
- Check all swabs, instruments, needles and other requirements are intact from each case participated in and any loss identified at an appropriate stage of surgery.
- Handle with appropriate case all equipment's in usage for various procedures.

POST OPERATIVE

- Case of the patient as he/ she is not conscious
- Airway Management

- Checking of vital signs
- To send all reports and documents back with the patients,
Intravenous fluid therapy management and urine output.

EQUIPMENTS HANDLED AT WORK:

- Wall Mounted Suction and Cylinder O²
- Glucometer
- Defibrillator
- Laryngoscope,
- Thermometer,
- ECG Machine,
- Sphygmomanometer,
- Nebulizer,
- Suction Apparatus,
- Syringe Pump,
- Cardiac Monitor,
- Ambubag,
- C'arm Image Intensifier,
- Patient Monitor & Ventilator
- Boyle's apparatus

RANGE OF SERVICES

The Karuna medical college hospital, Palakkad, was established in the year 2003 and registered under the Charitable Organizations Welfare act. Over the years, the hospital experienced a steady growth and won faith in the hearts of many.

Karuna Medical College Hospital is a 500 bedded multi-specialty Hospital with facilities of ICCU, Neuro medical ICU, Neuro surgery and recovery ICUs, Medical and Surgical ICUs, Gastro ICU, Pediatric and Neonatal ICU, Operation theatre complexes, Labor room, Cleft lip and Palate repair,, CT, , Blood bank, pre and post-operative wards etc..

COMPUTER SKILLS

Familiar with fundamentals of computer, Internet and e-mail

PERSONAL DETAILS

Name : **Mrs.Lismy James**
Father's Name : Mr. James K A
Date of birth : 20/11/1993
Gender : Female
Nationality : Indian
Marital status : Married
Religion : RC Christian
Languages Known : Malayalam, English,
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REFERENCE

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DECLARATION

I do hereby declare that all the information stated above is true and correct to the best my knowledge and belief.