



## MERIN ANNA PAUL

### Registered Nurse DHA

Registered Nurse **with 6+ years of experience** in maintaining patient health care & safety in all cases. Excellent knowledgeable in various care giving departments especially **Medical and surgical ward ICU & ER.**

## CONTACT

- +971-568805866
- merinannapaul1996@gmail.com

## SKILLS

- Patient care planning
- Direct patient care
- Taking vitals
- Diabetes management
- Emotional awareness
- Patient management
- Mobility assistance
- Patient admission
- Acute and rehabilitative care
- Documenting vitals
- Maintained feeding pumps.
- Strong medical ethic
- Patient discharging
- Changing tracheostomies
- Catheters
- Basic Life Support Certification
- Pediatric advanced Life Support (PALS) certification
- Medication and IV administration

## CERTIFICATIONS

- DHA License 12818875-001
- BLS certified

## EXPERIENCE

### Current - April 2022 , NMC Royal Hospital (JCIA),Dubai Registered Nurse- Medical Surgical Ward

- Maintained patient charts and confidential files.
- Administered medications orally, rectally, intramuscularly, subcutaneously and via IV therapy.
- Educated and counselled patients and caregivers on discharge plan objectives, wound management, disease management and medication
- Accurately documented all elements of nursing treatments, medications and discharge instructions.

### June 2021- Dec 2022 , SIA Life Hospital Hyderabad, India Registered Nurse - ICU, COVID 19 PATIENT ICU.

- Extreme care is given to COVID-19 patients in the ICU, including administering CPR to those under cardiac arrest.
- Responded to life-threatening emergencies.
- Assisted patients with multiple chronic diagnoses including COPD and asthma.
- Maintained comprehensive patient records and recorded patient histories.
- Vital signs and assessments for future physician review.
- Maintained patient charts and confidential files.
- Handled primary care, case management and medication management.
- Performed blood and blood product transfusions and intravenous infusions.

### Oct 2018 - Feb 2021,Apollo Hospital Jubilee Hills (JCIA)India Registered Nurse - ICU & ER

- Accurately recorded patient medical information and vital signs to provide best possible care.
- Delivered age-appropriate medical care for adult, adolescent and geriatric ICU patients.
- Transferring of patients from their locations to the hospital via ambulance.
- Meeting the cardiac emergency's tactfully.
- Supervised the admission of patients in emergency cases.
- Responded to emergency situations where patients are in life- threatening conditions by following the correct procedure and maintaining a calm and effective demeanor.
- Carrying out the treatment regimen prescribed by the physician.
- Make plan for nursing care to be given.

## LANGUAGES

### English:Written &spoken English.

Proficient

### Malayalam:

Native

### Hindi

Proficient

### Telegu

Proficient

- Emergency intubation & Oxygen administration
- ET, Oral, Tracheostomy, Nasal suctioning
- Ryle's tube insertion/ & R T Feeding
- Foley's catheterization & IV Cannula Insertion
- Care of unconscious patient & Care of patient on ventilator
- Storage & rig of narcotics, muscle relaxants, sedatives etc.
- Lead and mentored 3 newly licensed nurses in developing and achieving professional expertise.

## EDUCATION

2013-2017

**Bachelor Of Science in Nursing.**

**From Rajiv Gandhi University of Health Sciences Karnataka,India**

## REFERENCE

NAME / DESIGNATION	HOSPITAL	CONTACT INFO
AARATHI SHEESHA/HEAD NURSE	NMC ROYAL HOSPITAL DIP	+971 - 48019129
Dr. K.L.V PRASAD / ICU INTENSIVIST HEAD OF THE DEPARTMENT	SIA LIFE HOSPITAL HDERABAD	+91 - 9700010180
O.S SANDEEP/ NURSING SUPRENTENT	APOLLO HOSPITAL JUBILEE HILLS	+91-7893726428

## DESCRIPTION OF THE HOSPITAL WORKED

- NMC Royal Hospital Dip 1 Dubai, UAE, is the largest private healthcare facility in the UAE. Over the last 48 years, Accredited by JCI.
- Apollo Hospital Jubilee Hills, is 1000 bedded hospital where NABH, JCI and nursing excellence accredited and provides radio diagnostic and interventional modalities with MRI, PETCT, SPECT,ECHO, LINAC and Ultrasound equipment's.
- Sia Life hospital Kondapur is a 300 bedded rehab care with all patient facility CT, ECHO, Endoscopy, Dialysis and Ultrasound equipment's.

## Skills & Advantages

- Computer literate familiar with Microsoft Word, Excel
- Fluent in written and spoken English.
- I have previous experience in working for NABH ,JCI internationally accreditation processes/commissioning.
- Proven track record as a registered nurse at internationally accredited hospitals (JCIA).
- Participated in Preceptors/Education programs.
- Have knowledge current evidence-based nursing practice.
- Experience in collaborating with peers & colleagues and able to work in, a diverse multi-cultural environment
- Basic data management & analytical skills