

Dr.nusrat barkat shah

GP, OBGYN

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Objective: To obtain a challenging position in a reputable hospital where I can utilize my skills and knowledge to contribute to the organization's success. I aim to continuously develop my professional expertise, collaborate with a diverse team, and make a meaningful impact in the field of medical.

CLINICAL AND WORK EXPERIENCE as a house officer ,post graduate trainee and GP obgyn

Dow University Hospital

Jan 2020 – jan -2023

Jinnah post graduate medical center

25 jan 2019 – 24 jan 2020



- ✓ Clinical Diagnosis and Management: Proficient in conducting thorough physical examinations, diagnosing diseases, and creating appropriate treatment plans for patients. Skilled in managing both outpatient and inpatient care, handling obstetric emergencies, and providing comprehensive care during labor and delivery.
- ✓ Surgical Procedures: Experienced in performing various obstetrics and gynecological surgeries, including lower segment caesarean sections both elective and emergencies, dilatation and evacuation, dilatation and curettage, pipelle biopsy, abdominal hysterectomy, hysteroscopy, salpingo-oophorectomy and ovarian cystectomies.
- ✓ Patient Care: Ability to provide compassionate care, establish strong doctor-patient relationships.
- ✓ Communication and Interpersonal Skills: Effective communication with patients, families, and healthcare professionals. Ability to empathize, counsel, and provide support to critically ill patients and their attendants.
- ✓ Team Collaboration: Experienced in working collaboratively with multidisciplinary teams, including physicians, nurses, and other healthcare professionals, to ensure comprehensive patient care.
- ✓ Emergency Response: Proficient in handling obstetric and gynecological emergencies with confidence and efficiency.
- ✓ Medical Documentation: Strong skills in maintaining accurate and detailed medical records, documenting patient information, and writing comprehensive medical reports.
- ✓ Continuous Learning: Committed to staying updated with the latest medical advancements, research, and best practices in the field of Obstetrics and Gynecology.

Core Competencies:

- ✓ Clinical Diagnosis and Management
- ✓ Obstetrics and Gynecology
- ✓ Surgical Procedures
- ✓ Patient Care
- ✓ Communication and Interpersonal Skills
- ✓ Team Collaboration
- ✓ Emergency Response
- ✓ Medical Documentation
- ✓ Continuous Learning

- ✓ Attended women with general health issues and reproductive health conditions
- ✓ Diagnosing and monitoring illnesses and diseases, providing medical support to pregnant women and performing routine check-ups on female patients
- ✓ Diagnosing and treating conditions that affect women, such as certain types of pre-cancerous and cancerous conditions
- ✓ Working with expecting mothers to explain the childbirth process
- ✓ Performing routine antenatal and postnatal checkups with patients
- ✓ Providing childbirth and postpartum care for new mothers
- ✓ Assisted women and teenagers in comprehending the various transitions that occur within the female human body throughout their lives, including, but not limited to, menstrual cycles, fertility, conception, pregnancy, and menopause
- ✓ Assisted multiple operations in the diagnosis and treatment of gynecologic issues, including exploratory laparotomy, dilatation and curettage, hysterectomy, oophorectomy, myomectomy tubal ligation, and other surgical procedures
- ✓ Postoperative patient monitoring and follow-up
- ✓ Pre-operative work-up and in-patient management of gynae and obstetric patients

QUALIFICATIONS EXAMS

- ✓ **Cleared FCPS-II in Obstetrics and Gynaecology: THEORY** FEB 2024
- ✓ **DUBAI HEALTH AUTHORITY GP EXAM** SEP 2023
- ✓ **Cleared Intermediate Module (IMM) in Obstetrics and Gynaecology:** AUG 20221
- ✓ **Cleared FCPS-I in Obstetrics and Gynaecology:** NOV2018

CLINICAL ELECTIVES

DIAGNOSIS AND MANAGEMENT ACTUE MEDICAL AND SURGICAL EMERGENCIES

1st feb 2017 15 Mar 2017

- Procedures like nasogastric intubation abdominal, paracentesis ,Foley's catheter placement wound dressing
- CPR of collapse patients .
- Injections like intra muscular , intra venous ,subcutaneous , Iv cannulation and blood sampling.

Diagnostic radiology

05 nov 2013 - 20 nov 2013

- Observed radiological procedures in x-ray's ultra sound, C.T , M.R.I, MEMOGRAPHY, and hysterosalpingography

Extra skills

- Perform basic obstetrics ultrasound of fetal wellbeing
- Gynecological pelvic ultrasound
- Ultrasound KUB
- Management of common surgical conditions like fissure in ano, breast diseases etc
- Diagnostic laparoscopy and tubal patency testing
- Cystoscopy and ureteric stenting
- Colposcopy
- Hysteroscopy
- MS office, word, power point, excel basic
- SPSS

WORKSHOPS AND CERTIFICATE COURSES

- ✓ **FEB 2023 Workshop on PPH Bundle Approach, conducted by Massachusetts General Hospital at** PDC Hall, DIMC, DUHS, Karachi
- ✓ **26TH JAN 2023 IATROGENIC URINARY TRACT INJURIES** SINDH INSTITUTE OF REPRODUCTIVE MEDICINE SIRM, DIMC HALL.
- ✓ Nov 30, 2022 **ELECTIVE ROTATION FCPS-II TRAINING DIAGNOSTIC RADIOLOGY** DOW INTERNATIONAL MEDICAL COLLEGE, DUHS, OJHA CAMPUS, KARACHI
- ✓ Nov 28, 2022 **ELECTIVE ROTATION FCPS-II TRAINING SURGERY** DOW INTERNATIONAL MEDICAL COLLEGE, DUHS, OJHA CAMPUS, KARACHI
- ✓ **11th may 2022 OVARIAN CANCER** BIENNIAL INTERNATIONAL SCIENTIFIC CONFERENCE .
- ✓ **2ND APRIL 2022 AVERTING PREVENTABLE CAUSES OF MATERNAL MORTALITY** BIENNIAL INTERNATIONAL SCIENTIFIC CONFERENCE .
- ✓ **12th MAR 2022, CARDIO – OBSTETRICS SYMPOSIUM** dow institute of health professionals education .
- ✓ **28TH JAN 2022 RECENT GUIDLINE ON POST PARTUM HAEMORRHAGE ,** SIND INSTITUTE OF REPRODUCTIVE MEDICINE .
- ✓ **SEP 10 ,2020 AGHA KHAN UNIVERSITY** Karachi participated in the simulation –based workshop **SHOULDER DYSTOCAI .**
- ✓ **28 to 30 January, 2020 Primary Surgical Skills** The College of Physicians & Surgeons Pakistan .
- ✓ **13 TO 16 NOV 2019 Research Methodology, Biostatistics & Dissertation Writing** The College of Physicians & Surgeons Pakistan .
- ✓ **25th sep 2019 SEMINAR ON MATERNAL HEALTH 17th** health Asia international exhibition & conferences.
- ✓ **29 to 31 July, 2019 Communication Skills** The College of Physicians & Surgeons Pakistan
- ✓ **08 to 10 July, 2019 Introduction to Computer & Internet** The College of Physicians & Surgeons Pakistan
- ✓ **20TH FEB 2019 post –partum family planning** international scientific conference society of **OBSTETRICIANS & GYNAECOLOGISTS** of Pakistan ,
- ✓ **23RD TO 29TH MAR 2014 GOLDEN JUBILEE SYMPOSIUM** JINAAH POSTGRADUATE MEDICAL CENTRE.

VOLUNTARY WORK

- ✓ cervical cancer screening awareness camp 2024
- ✓ Volunteer at "Flood relief camp" (2022)
- ✓ Performed duties in Covid-19 wards during pandemic (2020)

ACADEMICS

- ✓ **MBBS,** dow university of health sciences karachi Pakistan 2017
- ✓ **Intermediate** khatoon e Pakistan govt .degree girls college Karachi (2010)
- ✓ **Board of secondary education Karachi ,** (2008)

PERSONAL DETAILS

Father name	Barkat shah
DOB	4 DEC 1990
Nationality:	PAKISTAN
PASSPORT	GF5163411
EMIRATES ID	784-1990-6746350-7
Visa status	Residential
Visa expiry	8 July 2025
DHA UNIQUE ID	97493093
PMDC LICENCES	76124s
LANGUAGES	ENGLISH ,URDU.PASHTO