

Curriculum Vitae

RIJO K THOMAS

Address: Karinthaloor House
Kanjiravelly,
Aranmula
Kerala , India.
Mobile: 0561987738
Visa : On Visit Visa UAE
E-mail : rijokottackal@gmail.com



CAREER OBJECTIVE

Seeking a suitable Position in accordance with my professional Qualification and Skills gained over the years to the full extends for development, there by contributing to the overall growth and profitability of the organization as well as attaining self growth in career.

WORKING EXPERIENCE 9 YEARS

- **AL MOUWASAT HOSPITAL DAMMAM –SAUDI ARABIA (03-04-2018 TO 12-04-2021)**
Position: (Staff Nurse) Field Of Experience: General ICU (Medical & Surgical ICU)
- **MGM MUTHOOT MEDICAL CENTER KOZHENCHERRY –INDIA (03-04-2017 TO 06-03-2018)**
Position: (Staff Nurse) Field Of Experience: Cardiac ICU
- **VIMS SPECIALITY HOPITAL BANGLORE –INDIA (21-10-2013 TO 19-11-2016)**
Position: (Staff Nurse) Field Of Experience: Medical ICU
- **WOCKHARDT HOSPITAL BHAVNAGAR –INDIA (01-05-2012 TO 04-04-2013)**
Position: (Staff Nurse) Field Of Experience: Medical ICU
- **MGM MUTHOOT MEDICAL CENTER PATHANAMTHITTA –INDIA (01-04-2010 TO 05-11-2011)**
Position: (Staff Nurse) Field Of Experience: Cardiac ICU

UAE MOH LICENCE

- Date : 25/08/2021
- Reference No : 192491
- Validity Of The Evaluation : 25/08/2026

PROFESSIONAL QUALIFICATION

- **DIPLOMA IN GENERAL NURSING AND MIDWIFERY (OCTOBER 2006 TO MARCH 2010)**
MUTHOOT SCHOOL OF NURSING AND MUTHOOT MEDICAL CENTRE, PATHANAMTHITTA.
KERALA STATE DIPLOMA IN NURSING EXAMINATION BOARD.
- **COMPREHENSIVE CARDIAC CARE NURSING (2011)**
MGM MUTHOOT MEDICAL CENTRE - IN SERVICE EDUCATION DEPARTMENT.
- **HIGHER SECONDERY (XII) (2004 TO 2006)**
ST.JOHNS HSS – THIRUVALLA
BOARD OF PUBLIC EXAMINATION, KERALA
- **HIGHER SECONDERY (X) (2003 TO 2004)**
EBENEZER EMHS, KALLISERY, CHENGANOOR

PERSONAL DETAILS

- Father's Name : Raju Thomas
- Date of Birth : 15-07-1988
- Nationality : Indian
- Passport No : L4740708
- Marital status : Married
- Sex : Female

LANGUAGES KNOWN

English, Hindi, Malayalam

GENERAL RESPONSIBILITIES & DUTIES

- Monitoring of vital parameters and input output charts.
- Orientation to the nursing staff and students.
- Resuscitation procedures and infection control.
- Maintaining aseptic technique and isolation and following barrier nursing.
- Proper administration of medical, IV fluids .
- Proper maintaining of Venous lines.
- Record keeping and maintaining ward inventories, medical store intent.
- Preparation of emergency trolley, incubation tray etc.
- Autoclaving and sterilization of equipments.
- Maintaining IPR with patient, relatives, coworkers and other staff of the hospital.
- Health education and rehabilitation.
- Care of the pre and post operative patients.
- Assisting Doctors for rounds and procedures.
- Collection of specimens of pre and post operative patients.
- Monitoring CVP of IV cannula and maintenance of IV fluids.
- Taking ECG and monitoring CPR monitoring Vital signs.
- Assisting for ICO and care of patients with ICO minor and major wound dressings.
- Collection of blood from blood bank, transfusion and after care.
- Steam inhalation and chest physiotherapy.
- Ryle's tube insertion and feeding.
- All the procedures that deal with the diagnosis and treatment of cardiology.
- Admission and discharge procedure.
- Total care of patients and overall management of the unit.

EQUIPMENTS HANDLED

- ECG Machine
- Coronary Angiograms
- Angioplasties
- Cardiac Rhythm Management
- Pacemaker Implants
- Implantable Cardioverter Defibrillators
- Cardiac resynchronization therapy
- Pulse Oxymeter
- Ambu Bag
- Bipap
- Warmer
- Cardiac monitor
- Propaq machine
- Lactate machine
- Infusion pump
- Syringe pump
- Glucometer
- Suction apparatus
- Laryngoscope
- Oxygen cylinder
- Water Bed
- Neb – liters
- Ryles tube
- Urinary catheter
- BP Apparatus
- Thermometer

DECLARATION

I am confident of my ability to work as a professional. I hereby declare that the above Information is true and correct to the best of my knowledge and belief.

Place: UAE

RIJO K THOMAS