



CONTACT

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PERSONAL DETAILS

Father's Name : Philip C.P.

Date of Birth : 12/09/1996

Gender : Female

Religion : Christian

Marital Status : Married

Nationality : Indian

Languages

Known : Malayalam, English,
Tamil

PASSPORT & VISA DETAILS

○ Passport No : U 2748014

○ Issue Date : 12/02/2021

○ Visa Status : Visiting Visa

CURRICULUM VITAE

SHEEBA PHILIP

OPTOMETRIST, SHARJAH - UAE

MOH Holder

Ref No. 299041

Dataflow Reference No: M006-2311-1729384

PROFESSIONAL OVERVIEW

Skilled optometrist having **5 years** experience in comprehensive eye care, including refractive and contact lens services, evaluation and treatment of ocular pathology, pre and post - op surgical co- management and dispensing spectacle. Versed at forging and cultivating productive relation with clients, achieving high level satisfaction and reliability

EDUCATION

- Bachelor of Science in Optometry
Bharathiar University,
Dr. Joseph Marthoma Institute of
Ophthalmology & Research Centre,
Alappuzha. (2014 - 2018)
- Higher Secondary School Education
Board of Higher Seconadary
Examination, Kerala
GHSS, Kadammanitta (2012-2014)
- SSLC Education
Kerala Board of Education
GHSS, Kadammanitta (2012)

WORK EXPERIENCE

- **Grace Optical Gallery,**
Adoor, Pathanamthitta, Kerala (01/03/2023 - 31/05/2024)
- **Mulamoottil Eye Hospital & Research Centre**
Kozhencherry, Pathanamthitta, Kerala
(01/08/2018 - 30/11/2022)

PROFESSIONAL EXPERIENCE

- **One year internship at Mulamoottil Eye Hospital**
Kozhencherry, Pathanamthitta, Kerala
(01/08/2017 - 31/07/2018)

CLINICAL SKILLS

- Subjective and objective Refraction
 - ◆ Duochrome
 - ◆ Auto Refractometer
 - ◆ Retinoscopy
- Dispensing Spectacle Lenses
- Contact lens fitting and assessment
 - ◆ Soft Contact Lens
 - ◆ Soft Toric Contact Lens
- Lensometry (Manual and Automated)
- Keratometry (Manual and Automated)
- Low vision aids
- Diplopia Charting
- Perimetry (HFA & Octopus Perimetry)
- Pachymetry
- Tonometry (RBT,NCT and Schiottz tonometry)
- Corneal Topography
- Oculyzer
- Fundus Photography
- Optical Coherence Tomography
- A-Scan Biometry
- B-Scan
- Hess Charting
- PVA
- Lacrimal Syringing
- ECG
- Dry eye evaluation
- Colour vision and Contrast sensitivity evaluation
- Stereopsis evaluation

REFERENCE

Dr. ASHLY JACOB - MULAMOOTTIL EYE HOSPITAL & RESEARCH CENTRE

Kozhencherry, Pathanamthitta, Kerala

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E-mail:info@mulamoottileyehospital.com

BINU OOMMEN - GRACE OPTICAL GALLERY

Adoor, Pathanamthitta, Kerala

Mob:+91 9645689961, +91 9447082789

E-mail:gpphilip75@gmail.com

DECLARATION

I hereby declare that above mentioned details are true to the best of my knowledge and belief.

I bear the responsibility for the correctness of the above mentioned particulars.

SHEEBA PHILIP

Date :

Place :