**CURRICULUM VITAE**

**SRUTHY THOMAS**

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**ADDRESS**

**Vadassery House,**

**Chaipankuzhi P. O.**

**Randukai, PIN: 680 724,**

**Thrissur District,**

**KERALA, INDIA.**

**PERSONAL PROFILE**

Date of Birth : 10th June 1992 Nationality : Indian

Gender : Female

Marital Status : Married

Religion : Christian, R.C.

**PASSPORT DETAILS**

Passport No. : U 7687140

Place of Issue : Cochin

Date of Issue : 14-12-2020

Date of Expiry : 15-12-2030

**LANGUAGES KNOWN:**

English (Speak, Read & Write)

Hindi (Speak, Read & Write)

Malayalam (Speak, Read & Write)

**SPECIAL ACHIEVEMENTS:**

Advanced Cardiac Life support by American Heart Association.

Basic life support by American Heart Association.

**STRENGTH:**

Good communication skill, positive attitude, leadership quality, sincerity & Self confidence, willingness to learn and capable to work with a team, Hard working.



**BRIEF PROFILE**

Bachelor in Nursing. I am looking for enhance, develop and implement professional nursing care and management skills in an hospital and serve the needy and take care of them. I am hoping that this opportunity will help me to establish myself in developing new skills and knowledge in patient care and being essential to the society.

**Objective**

Seek to get associated with a growth oriented organization and handle challenging assignments to achieve the firm’s desired goals utilizing strong skills backed by synergy of professional skills & experience and to further develop interpersonal skills through team work and dedication. “Excellent Service towards Perfection.

**Professional Experience**

Hospital : **Thumbay medical and dental Speciality centre Sharjah - Uae**

Designation. : **Staff nurse**

Duration. : 14-03-2018 to 25-03-2020

Hospital : **Kalliyath Hospital, Tirur, Malappuram - Kerala**

Designation : **Staff Nurse**

Duration : 15-10-2016 to 20-10-2017

Department : Intensive Cardiac Care Unit

Hospital : **Holy Spirit Hospital, Andheri, Mumbai.**

Designation : **Staff Nurse**

Duration : 23-03-2015 to 30-09-2016

Department : Intensive Cardiac Care Unit

**Educational Qualification**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Qualification** | **Name of institution** | **Board** | **Year of passing** | **%age** |
| B.Sc. Nursing | St. James College of Nursing,  chalakudy | Kerala University of Health and Science | October 2014 | 64% |
| HSC | GHSS Kodakara | Kerala Higher Secondary Board | March 2010 | 80% |
| S.S.L.C. | PCGHS Vellikulangara | Kerala Public Board | March 2008 | 82% |

**Professional Registration:**

1. Kerala University of Health and Science

Register No. KL03201501683

Date of Registration: 6/3/2015

2. Maharashtra Nursing Council

Register No. XVII- 13537

Date of Registration: 21/5/2015

3. MOH Exam passed

Registration No.RN013868

Date of Issue : 16/01/2018

Date of Expiry: 16/01/2022

**Cases Handled in CCU:**

* Patients Undergone :Coronary Artery Bypass Graft
* Angiography, Angioplasty
* Permanent Pacemaker implantation
* Ventricular *I* Atrial septal defect repair
* Intra-arterial ballon pump insertion
* Myocardial infarction
* Complete heart block
* Unstable angina
* lschemic heart diseases
* Cardiogenic shock
* Myocarditis, pericarditis
* Cardiac tamponed
* Left ventricular dysfunction
* Rheumatic Heart Disease
* Soon ....

**Other Medical cases including:**

* Trauma cases like Raliway accidents, Road Traffic Accidents (RTA), Assault cases, Suicide cases, Poisoning cases
* Neurological cases like CVA, Epilepsy, Brain hemorrhages, Spinal cord injuries , Meningitis, Parkinsonism and so on
* Endocrinological and Metabolic cases like DM, Ketoacidosis (DKA), Hypothyroidism, Alcoholic liver disease, Hepatitis A& B, Liver Cirrhosis and so on.
* Rheumatalogical cases like Arthritis , SLE, Osteoporosis, Cervical spondylosis and so on.
* Asthma, COPD, CA Lung, Pleural effusion, Pulmonary edema and so on.
* Orthopedic cases like All type of Fractures, Amputation, Plaster cast and so on.
* Renal cases like ARF, CRF, Dialysis and so on.

**Administrative Responsibilities:**

* Reporting on Duty
* Inventories and Recording
* Maintaining Stock
* Having good communication skills and efficient in working with a team
* Checking the working condition and setting of Equipment's like AMBU bag, Defibrillators,02 Cylinders, Suction Apparatus, Infusion Pump, Glucometer, Syringe pump, Ventilators, Bi PAP, Laryngoscopes and ECG machines
* Keeping minor OT ready for any emergency cases. Maintaining all registers

**Direct Patient Care:**

* + Nursing Assessment of the patient
  + Plan care and set priorities Basic Nursing Procedures
  + Admission and discharge procedure
  + Transfer of patient to various departments and other hospitals
  + Administration of medication including Chemotherapy
  + Blood collection including AB G
  + Insertion of Peripheral Lines, Ryle's tube. Foleys Catheter
  + Administration of blood and products
  + Administration of total parental nutrition
  + Monitoring of blood sugar
  + Control of infection
  + CPR
  + Care of dead
  + Application of traction
  + Preparing patients for investigations like MRI. CT scan. X -ray, Angiography, CABG, Endoscopy etc.
  + Thormbolistation procedure

**Meeting nutritional requirements:**

* + Giving total parental requirements
  + Nasogastric, Orogastric, Jejunostomy feeding
  + PEG feeding
  + Meeting nutritional need of patient

**Meeting elimination needs:**

* + Bladder wash, Bowl wash etc.
  + Maintaining intake and output
  + Collection of Specimen
  + Meeting hygienic needs of the patient Colostomy care

**Meeting Psychological needs:**

* + Giving emotional support to the patient and Family
  + Care of the dead and dying.

**Procedures Handled**

* + Cardiac resuscitation
  + Assisted in intra-arterial catheter insertion
  + Central line insertion
  + Ascetic tapping
  + Thrombolisation
  + Continuous lacerated would suturing
  + Assisted in 2 d echo, CT scan , MRI
  + Surgical dressing
  + Drain care
  + Assisted in drain removal
  + ICD insertion
  + Lumbar puncture
  + Endotracheal intubation
  + Temporary pacemaker insertion
  + Weaning of ventilator and estuation
  + Pulmonary arterial pressure monitoring
  + Nebulization
  + Central venous pressure monitoring
  + Suctioning
  + ECG
  + ABG Collection
  + Intra-arterial catheter removal

**Equipment Handled:**

* + Defibrillator
  + Cardiac monitor
  + Syringe pump
  + Pulse oxymeter
  + ECG Machine
  + Glucometer
  + Crash cart
  + Ventilator
  + Infusion pump
  + Suction machine
  + Bi PAP
  + CVP line
  + AMUB
  + Nebulizer
  + Intra-arterial balloon pump machine
  + ABG Machine
  + Pacemaker (Temporary)
  + Endotracheal intubation equipments

**DECLARATION**

I hereby declare that the above information is true to best of my knowledge.

Place:

Date: **(SRUTHY THOMAS)**