TEENU THANKACHAN

REGISTERED NURSE

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| EDUCATIONLittle Flower College of Angamaly |BSc NursingAug 2015 — Aug 2019 Completed courses in Introduction to nursing foundation, medical physiology, nutrition and biochemistry, psychology, sociology, microbiology, medical and surgical nursing, community health nursing, pharmacology, pediatrics, mental health nursing, obstetrics and gynecological nursing, nursing education, management, research and statistics. Professional experienceRegistered Nurse | Little Flower Hospital and Research Centre - Angamaly, Ernakulam, IndiaDec 2022 — present **Critical Care Unit Preparation** - Efficiently prepare units for critically ill patients, ensuring readiness for emergent situations and optimal patient care.   * **Patient Care –** Manage critically ill patients with complex medical conditions, such as sepsis, respiratory failure, and multi-organ disfunction. * **Assessment and Diagnosis –** Conduct thorough assessments, interpret lab results, and diagnosis patients’ conditions. * **Treatment and Intervention –** based treatments, administer medications, and perform procedures (e.g., central line placement, intubation) * **Multidisciplinary collaboration –** Work with a team of healthcare professionals, including physicians, nurses, respiratory therapists and pharmacists. * **Specialized Ventilator Patient Care**: Provide dedicated nursing care to ventilator-dependent patients, ensuring their comfort and specialized needs are met. * **Family support and communication:** Provide emotional support and communicate effectively with patients’ families.  Trainee Staff Nurse | Little Flower Hospital and Research Centre - AngamalyMarch 2021 — March 2022  * **Collaborative Medical Team support -** Actively participate in doctor's rounds, proficiently executing treatment plans and orders to deliver holistic patient care. * **Commitment to Continuous Development -** Actively engage in service programs and training sessions to expand knowledge and refine nursing skills for enhanced patient care delivery.  |  |  | | --- | --- | | Procedures Done | Procedures Assisted | | * I.V cannulation * Foley’s catheterization * Injection administration * Dressing * A.B.G sampling * Venous sample collection * Skin Traction Application * Figure strapping * Suture removal * E.T suctioning * Ryle’s tube insertion * Plaster cutting (pop & synthetic) * Vital signs | * E.T intubation * Pop application * Biopsy * Tracheostomy * Central line insertion * Bronchoscopy * Pleural tapping * Femoral Catheterization * Arterial line * Ascetic tapping * I C D insertion |  declaration I, **Teenu Thankachan** hereby declare that all the information given above are true and correct with the best of my knowledge and I bear the full responsibility of the above-mentioned particulars.  Date: Yours Faithfully  Place: Teenu Thankachan |  | Contact info 🕿 +971 569140574  🖂 [teenusebin@gmail.com](mailto:teenusebin@gmail.com)  Marcador Al Nahda, Sharjah cases & PATEINTS ⚫ Pulmonary edema  ⚫ Snake bite  ⚫ Pneumothorax  ⚫ C.O.P.D  ⚫ GI Bleed  ⚫ Pancreatitis  ⚫ Sepsis  ⚫ Hepatic encephalopathy  ⚫ C.K.D  ⚫ A.K.I  ⚫ C.V.A  ⚫ A.R.D.S  ⚫ Thrombolysis  ⚫ Carcinoma  ⚫ Meningitis  ⚫ Shock  ⚫ Liver failure  ⚫ G.B.S  ⚫ Pleural effusion  ⚫ Respiratory Arrest  ⚫ C.L.D  ⚫ Liver disease  ⚫ Poisoning Equipments handled ⚫ Cardiac monitor, defibrillator, bipap machine, ventilator.  ⚫ ECG Machine, IABP, ABG Analyzer, Infusion and Syringe pump  ⚫ Central Suction and O2  ⚫ DVT pump, Pulse oximeter, Ambubag, Laryngoscope Skills Developed ⚫ Critical thinking and Problem solving (Quick Decision)  ⚫ Medication Administration Expertise  ⚫ High-Quality Nursing Care  ⚫ Teamwork  ⚫ Adaptability and Flexibility  ⚫ Computer Literacy  ⚫ Time Management  ⚫ Emotional Intelligence and Empathy  CERTFICATIONS AND LICENSES  ⚫ DHA License  ⚫ Registered Nurse and Midwife - Kerala Nurses and Midwife Council  ⚫ Basic Life Support (BLS)  ⚫ Advanced cardiac life support (ACLS)certification |  |  |