



VARSHA. P. S

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Email:

varshaparayath@gmail.com

Address : Sharjah, U.A.E

Personal Details :

Date of Birth : 26-10-1996

Sex : Female

Nationality : Indian

Passport No . : S5267549

Visa Status : Husband's
sponsorship

Marital Status : Married

Religion : Hindu

Father's Name : Saseendran. P

Mother's Name: Sunanda
Kumari. V

Husband's Name: Benesh

Language Spoken :

- English
- Hindi
- Tamil
- Malayalam

CURRICULUM VITAE

Career Objective

Seeking a challenging opportunity where I will be able to utilize my strong organizational skills, educational background and ability to work well with your concern department which will grow personally and professionally.

Education Details

- Ministry of Health & Prevention approved "Optometrist" - Reference No. 188222 Valid from 14/07/2021 to 14/07/2026.
- Bachelor of Science (B.SC OPTOMETRY) 2014 – 2018 from Bharathiyar University, Tamil Nadu via Rayhan College of Optometry, Malapuram, Kerala, India.
- Higher Secondary School Certificate (HSC) 2012-2014 from Kerala Board via MSM HSS Kallingalparambu, Malapuram, Kerala.
- Secondary School Leaving Certificate (SSLC) 2011-2012 from Kerala Board via GHSS Ezhur, Malapuram, Kerala.

Working Experience

- Working as optometrist at Ain al saqr opticals, Sharjah (August 2021 to till date)
- 2 months' work experience as "Optometrist trainee & Sales Executive" at Signature Opticals LLC (The Optical Store), Ras Al Khaimah (December 2020 to January 2021)
- 2 Years' work experience as "Optometrist & Sales Executive" at Nice Opticals,

	<p>Thazhepalam, Tirur (November 2018 to September-2020).</p> <ul style="list-style-type: none"> • One-year Internship at Jyothis Eye Care Hospital, Kannur, Kerala, India (2017-2018). • One-year clinical posting experience at community center of Rayhan Eye Hospital, Edapal, Kerala, India (2016 – 2017).
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<p><u>Strength :</u></p> <ul style="list-style-type: none"> • Excellent Interpersonal and communication skill • Personal ability to approach problems objectively and provide support to clients and families. <p><u>Practical Skill :</u></p> <ul style="list-style-type: none"> • Streak Retinoscopy • Refraction • Phoropter • Tonometry (NCT,Applanation) • Slit Lamp • Autorefractometry • Lensometer (Auto,Manual) • Keratometer (Auto,Manual) • Orthoptic Instruments • Lasik Work up (Topography,Pentacam) • Contact Lens • Pachymetry • OCT • Fundus photo and FFA • IOL Master • HFA • Low Vision • Diplopia Charting • A Scan 	<p><u>Achievements & Trainings</u></p> <ul style="list-style-type: none"> • Member of Indian Optometrists Association (Kerala Chapter), Optometry Society, Kerala. • Attended Continuing Medical Education Program (CME) in 2016 at Kottayam district conducted by Indian Optometrist Association. • Attended Continuing Medical Education program (CME) in 2016 at Ahalia Eye Hospital, Palakkad conducted by Optometry Council of India. • Attended Continuing Medical Education Program (CME) in 2016 at Alappuzha district conducted by Indian Optometrist Association. • Member of Journal Club in Rayhan College of Optometry, Malapuram, Kerala. • Member of Muthur ITC Orphange camp & Thavanur Old Age Home camp at Malapuram district in 2016 organized by a team from Rayhan College of Optometry, Kerala. • Attended 58 eye care camps and clinical survey conducted by Rayhan Eye Hospital, Malappuram dist, Kerala and
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- B Scan

Jyothis Eye Care, which includes several hospital camps, school camps & social camps conducted at Malapuram, Thrissur & Cochin districts of Kerala, India.

Declaration

I hereby declare that all the information given above are true and correct to the best of my knowledge and belief.

Yours Sincerely,

VARSHA.P.S